

South Carolina State Budget and Control Board Employee Insurance Program P.O. Box 11661 Columbia, SC 29211 **803-737-3820**

Chronic Disease Management Workshop

DIABETES



December 10, 2004

(Registration deadline 12/6/04)

12:00 PM - 4:30 PM (Sign in 12:00 PM - 12:15 PM)

Smith University Center Room 218 Francis Marion University

Speakers: Sharm Steadman, PharmD, BCPS, FASHP, CDE Kay MacInnis, RD, CDE Elizabeth Todd Heckel, MSW, CDE

This self-care management workshop is designed to help you:

- •Improve your quality of health care by better understanding diabetes
- •Establish better doctor/patient communications
- •Gain more confidence in health care decision-making

The diabetes workshop will provide a brief overview of

- •Symptoms
- •Complications
- Diet and exercise

- •Types of diabetes
- **◆**Treatment
- Psychosocial issues

Please detach and mail this **DIABETES WORKSHOP FORM to**:

Ramsey Makhuli, Prevention Partners, P.O. Box 11661, Columbia, SC 29211

or fax form to 803-737-0793

Name:	Social Security No.:
Address (w)	<u>(h)</u>
Phone (w)	Phone (h)
E-mail :	How many attending including yourself?
Date of Birth:	I have had typediabetes for years.
I am taking: Insulin Diabetes Pills	Aspirin My Hemoglobin A1c is:
Blood Pressure Medicine:	Other:

We will e-mail you a confirmation of your registration by 12-8-04.

(Diabetes - FMU-12-10-04)